Padéa

MENU

gf – gluten free | df – dairy free | ve – vegetarian | nuts – contains nuts

1
Chilli Beef Con Carne gf df
with roast potatoes and vegetables

2
Chicken Drumsticks Gumbo gf df
with steamed rice and vegetables

3
Pesto Pasta Salad nuts
with crispy bacon and italian roasted vegetables

4
Lemongrass and Ginger Beef Stir Fry gf df nuts
with rice noodle salad and nahm jim dressing

5
Beef Bolognese gf
with steamed rice and spinach salad

6
Beef Stroganoff gf
with steamed rice and vegetables

7
Poached White Fish gf df
with ginger and shallot soy; steamed rice and greens

8
Parmesan and Egg Battered Pork gf
with roast potatoes; tomato and vegetable stew

9
Japanese Chicken Curry df
with steamed rice and steamed greens

10
Panko Crumbed Chicken
with macaroni and cheese and tonkatsu sauce

11
Beef Lasagne
with spinach salad

12
Laksa Spiced Roast Pumpkin gf df ve
with tomato and cucumber rice salad

13
Sukiyaki Style Tofu and Egg gf df ve
with asian green and steamed rice